

Two Open Hearts



The Dragon's Path Retreat

A Lightworker's Guide to Self Empowerment

April 20 - 27, 2019

Hosted by Two Open Hearts

at Ananda Valley in Nevada City, CA

The Dragon's Path Retreat in California April 2019

Your home away from home Gaia House Retreat
Photo: gaiahouseretreat.com



The Dragon's Path Retreat begins by reconnecting you with the dragon realm through Dragon Reiki, which gives you the ability to send healing energy in all directions of time and space. Allowing you to begin to heal any and all traumas you have faced. Several other healing energies, modalities and techniques will be taught during the course of the week. The high intensity of healing, activations, and attunements on this retreat places you on an accelerated path of self discovery. It allows for the healer within to grow and blossom. The skills learned in one week will impact you for the rest of your life.

You will learn many different tools to clear your own traumas without the need to relieve them. You will be able to connect to your higher self and gain invaluable wisdom to learn your highest desires and dreams and the best way to follow them.

You will leave the retreat with a new support team. You will have the knowledge and skills to begin helping others heal and you will have deeply reconnected with yourself.

Imagine Yourself...

Meditating and relaxing on the grounds of the beautiful Gaia House at Ananda Village

Connecting with like-minded people and sharing an amazing growing experience

Having fun and laughing so much that your abs hurt

Let the love, light and support of others guide you on this amazing journey of remembering who you are, discovering your gifts and shining brightly.

To Learn More Visit
TwoOpenHearts.com



Daily Itinerary The Dragon's Path Retreat – April 2019

Pre-Retreat Class

Saturday April 13th

- Introduction to Dragon Reiki
- Activation from your Dragon Guides

Meeting in an online platform for this initial introduction, you will learn about who the dragons are, why they are here, and how they can help you. You will be guided on a journey / meditation to meet your own dragon guide and be introduced to the dragon energies.

Welcome

Day 1: Saturday April 20th

- Resetting our vibration
- Clearing out old patterns

In the afternoon arrive at our home away from home Gaia House, set within the 700 acre Ananda Village, a world renowned intentional spiritual community based on the teachings of Paramahansa Yogananda.

Spend some time relaxing and exploring the grounds, before coming together to raise our vibrations and focus our intentions for the retreat. We will clear out old patterns to make way for the new skills and growth that this week will bring.

Dragon Reiki Activation

Day 2: Sunday April 21st

- Work with the Dragons
- Receive Dragon's Flame Activation
- Light-worker IOI: the groundwork for all that you do!

Dragons will be the focus of the morning as you reconnect with your dragon guide, begin to learn the different symbols and energy of Dragon Reiki, as well as receive activations to use the refreshing and cleansing dragon's fire.

The afternoon will focus on important skills every light-worker needs to thrive and flourish. Pillars of learning focused on connecting with universal love and light, grounding, and protecting your energy, will create a foundation for self-growth and transformation.



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The Rainbow Rays

Day 3: Monday April 22nd

- Connect to the energy of the Rainbow Rays
- Learn to connect with your guides on a Shamanic Journey

Many have noticed rainbows all around or have always been drawn to rainbows. Activation of the Rainbow Rays will be given that allow you to channel the energy to clear karmas, blockages, protect spaces, and much more. We will then utilize the Rainbow Rays to deeply clear our four bodies and protect our auras. This energy is an invaluable tool that will continue to be utilized on a daily basis.

Later in the day, learn about Shamanic Journeys, an ancient practice of connecting with spirit guides and power animals. Begin by meeting one of your power animals, you will be able to ask questions and seek guidance. This technique can be magical and give you a greater perspective of life.



Releasing Trauma

Day 4: Tuesday April 23rd

- Clear Traumas and Burdens
- Connect to the White Light of Lumeria

Join together as Susan and Carissa along with many guides and angels work with you to delve deep and release the traumas and baggage holding you back. Take your power back as you release what no longer serves you and move into a lighter, happier way of life.

Receive an activation connecting you to the inspiring energy of Lemuria. A white pure column of light will enfold you, bringing comfort and empowerment. This energy will raise your vibration and works alongside the Rainbow Rays healing modality. Using this white light we will connect you to your higher self, where you can receive the purest guidance of what your heart desires and what steps you can take for your highest good.



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Crystals & Gardens

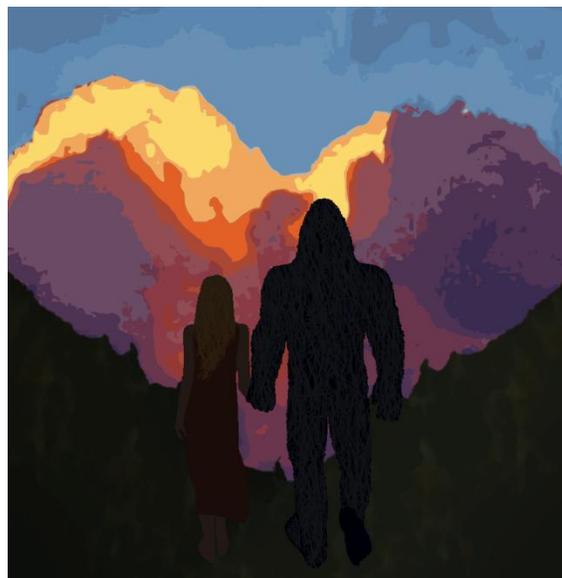
Day 5: Wednesday April 24th

- Visit the Crystal Hermitage Gardens
- Learn how to work with crystals to raise your vibe.

Spend time relaxing at the Crystal Hermitage Gardens.

“Our exquisite gardens with breathtaking views, set against the backdrop of the Tahoe National Forest and the Yuba River Canyon are beautiful and inspiring year-round. April visits for Springtime at Ananda are magical with thousands of vibrant tulips mixing with the complementary colors of cherry trees, wisteria, dogwood, azaleas, rhododendrons, peonies and pansies, just to name a few..”

In the afternoon have fun with crystals. Learn about their differing energetic properties, new ways to clean and clear your crystals, and how to program them to work for you. Day to day crystals can enhance your vibration and help to maintain harmony in your life.



Forest People

Day 6: Thursday April 25th

- Healing Words from the Forest People
- Deep Clearing and Activations with Vibration.

Many people have heard of the “Big Foot” or Sasquatch, but do not know about their softer healing nature. They have done so much for mother earth and humanity, while waiting hopefully for people to regain their senses and respect our mother earth. They have also shared words and techniques to assist in healing our own human bodies and energies. These will be shared with you, alongside some very powerful and helpful tools.

In the afternoon gather for a deep vibrational clearing that is also loads of fun. The group will work together to bring healing and activations to each participant. Learn a powerful way to use your voice and discover who you really are.

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Dragon Masters

Day 7: Friday April 26th

- Become a Dragon Reiki Master
- Practice Hands on Healing

Connect with the White Grandmother Dragon, who will offer you further healing and guidance. You will receive your Dragon Reiki Attunements, and become a Dragon Reiki Master. Now you will be able to do high-vibration healing work on yourself and others in all directions of time and space; as well as the physical, mental, emotional, and universal bodies. You will be the master of your own healing.

Later you will practice Dragon Reiki on others. You will be guided on many techniques to increase the success of your session and have the highest impact. All will receive a healing as well, leaving you feeling lighter and clearer.

Farewell

Day 8: Saturday April 27th

- One Last Circle Among New Friends
- Head Home an Empowered Healer

Join in circle one last time to process the week you have had and the growth you have experienced. Then get ready to take the newly transformed you into the world and shine.



Trip Information The Dragon's Path Retreat – April 2019

BEGINS	April 20 th at 5:00 pm at Ananda Village in Nevada City CA
ENDS	April 27 th 10:00am Ananda Village in Nevada City CA
TRIP LENGTH	8 Days 7 Nights
LODGING	Gaia House Retreat 7 nights A large and inspiring home will make a cozy place for your self-discovery. All classes will be held on the grounds, in the house or in the garden. The house is set within the 700 acre Ananda Village a world renowned intentional spiritual community.
MEALS	<p>The Expanding light retreat at Ananda Village serves a delicious buffet of beautifully prepared hearty vegetarian meals 2 times each day in their uplifting dining room. Offering local organic foods, and many special diet options including vegan and gluten free.</p> <p>Breakfast will be easy to make vegetarian food items available at Gaia House.</p>
RETREAT DATES & PRICE	<p>April 20 – 27, 2019</p> <p>Double occupancy \$3000 per traveler</p> <p>Single Supplement \$750 additional</p> <p>Please note that Airfare is not included. You are welcome to pay for your trip with a credit card, please note that a \$100 process fee will be applied.</p>

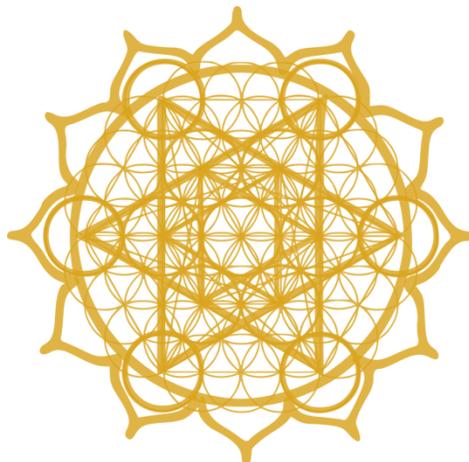
Trip includes the following:

- Ground Transportation to and from scheduled activities. Including a pickup and drop off at the Sacramento International Airport at designated times.
- 7 Nights accommodation at Gaia House Retreat, a beautiful relaxing private home in Ananda Village.
- All meals. A total of 21 meals over the course of the retreat.
- All classes, activities, and admissions detailed in the itinerary.
- Taxes and gratuities

Register now!

Visit TwoOpenHearts.com to complete the registration form and submit payment.

\$900 deposit due upon booking, balance due by March 20th, 2019



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About Two Open Hearts

Two Open Hearts is an energetic healing and teaching partnership owned and operated by mother and daughter Susan Goddard and Carissa Fisher. Two Open Hearts is focused on assisting others to feel their best and shine their brightest. They are very passionate about helping others to find and strengthen the metaphysical gifts they have. Through energy work they help people find empowerment and thrive through whatever circumstances they encounter in

life. Susan and Carissa's certifications include: Reiki (Non Traditional) Master Teacher Level, Shamanic Reiki, Dragon Reiki Master Teacher Level, and The Feather Way; energy clearing techniques. In addition, they utilize: The Rainbow Rays, Light Language, The Sacred Blue Flame Energy Healing Techniques as well as teachings from the Forest People.



Nevada City, CA In April

Spring in Nevada City, CA is a great time for enjoying nature as it wakes from its winter dormancy. Delight in the colorful flowers beginning to bloom and the many birds returning north for the summer. The weather can still be cool with average temps in the mid 60's °F during the day and lows near 40°F at night. Occasional rain storms can occur, so having some rain gear can be helpful.

Directions The Dragon's Path Retreat – April 2019

Getting to Ananda Village

- If you fly into Sacramento International Airport Two Open Hearts can arrange a shuttle from the airport to Ananda Village for you on November 3, 2018. As well as a return shuttle on November 10, 2018. Contact Two Open Hearts with your tentative trip itinerary to find out more.
TwoOpenHearts@outlook.com
- Arriving by car is welcome, driving directions are as follows:
 - **From Sacramento** *90 minutes*
 - Take I-80 (E) towards Reno - go about 25 miles.
 - At Auburn, turn left on CA-49 (N) toward Grass Valley / Nevada City - go 38 miles.
 - Just past Nevada City, turn left at the "49 to Downieville" sign. Follow this road for 10.5 miles (watch your odometer). It's a curving mountain road that crosses the Yuba River.
 - Turn right on Tyler-Foote Road (immediately after the sign for Malakoff Diggins State Park) - go about 5 miles
 - Turn left on Ananda Way and left again (almost immediately) on Expanding Light Way.
 - **From Reno** *Two hours*
 - Take I-80 (W) towards Sacramento - go 55 miles
 - Take CA-20 (W) - go 27 miles
 - Turn right on CA-49 (N) towards Downieville - go 10.5 miles
 - Turn right on Tyler-Foote Road (immediately after the sign for Malakoff Diggins State Park) - go about 5 miles
 - Turn left on Ananda Way and left again (almost immediately) on Expanding Light Way
 - **From the Northwest** *About 15 hours from Seattle, WA, or 12 from Portland, OR*
 - Take I-5 (S) to Williams, CA
 - Take CA-20 (E) to Nevada City - go 77 miles
 - Turn left on CA-49 (N) towards Downieville - go 10.5 miles
 - Turn right on Tyler-Foote Road (immediately after the sign for Malakoff Diggins State Park) - go about 5 miles
 - Turn left on Ananda Way and left again (almost immediately) on Expanding Light Way.

